

FITNESS CENTER

Membership Application & Agreement

CHECK	CHILD (12-15)	YOUTH (16-17)	ADULT MEMBER	ELDERLY
APPLICANT INFORMATION				
Adult Name:		D.O.B:		Age:
Youth Name:		D.O.B:		Age: Proof: Y/N
Parent/Guardian:				
Contact Phone Number:				
Address:		City:	State:	Zip:
EMPLOYMENT INFORMATION FOR ADULT PARTICIPANT				
Employer:		Phone:		
Address:		City:	State:	Zip:
EMERGENCY CONTACT				
Name:		Phone:		
Relationship:				
Address:		City:	State:	Zip:

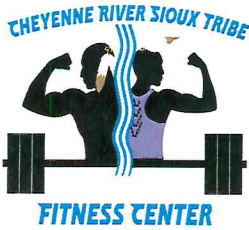
CONDUCT GUIDELINES:

The Fitness Center strives to promote health and wellness in a safe and pleasant environment for all staff and members. Clients are expected to conduct themselves in a manner which is conducive to the safety and respect of others.

Members and guests are encouraged to take the initiative for their own comfort and safety by respectfully communicating with any person whose behavior threatens their own comfort to cease such behavior. Anyone who feels uncomfortable in confronting a person directly should report the behavior to a Fitness Center employee.

The following behaviors are strictly prohibited and may result in termination of membership privileges.

- All participants will need to fill out an application, sign a waiver, and pay membership fees if applicable.
- All membership fees are non-refundable.
- We do not have age appropriate equipment.
- **AGE:** 12-15 years old must be accompanied by a parent, 16-17 year olds must have a signed waiver from parent/guardian to utilize the Fitness Center without supervision.



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- All youth from 12-17 years old must show proof of age.
- **LIMIT:** 2 youth per parent/guardian.
- 60 minutes max workout time for ages 12-15 years old, who are accompanied with the parent/guardian.
- Harassment or Intimidation (verbally/physically) is strictly prohibited.
- Dress appropriately.
- Must wear shirt in gym area and have clean or dry shoes.
- No Weapons of any type.
- No Drugs, Alcohol, or illegal chemicals in or around the Fitness Center.
- You cannot be under the influence of alcohol or drugs in the Fitness Center, you will be asked to leave.
- No Vaping allowed in or around the Fitness Center.
- No theft or destruction of property.
- Do not drop or slam weights.
- Re-stack your weights and put all equipment away after each use.
- Sanitize equipment that is utilized.
- No Photography or video of other patrons.
- No threats or violence to clients or staff members.
- No SAUNA use for youth under 16 years of age.
- Parents are not allowed to have youth in sauna with them under the age of 16.
- No glass containers (bottles) allowed in gym area.

CONSEQUENCES:

1st Offense: Participants who violate rules will be given a verbal warning.

2nd Offense: A second violation will result in suspension from the Fitness Center with a letter listing the violation(s).

3rd Offense: If a participant continues to violate the Fitness Center rules and guidelines, a meeting will be held with all parties: Participant, Fitness Center Supervisor, Tribal Health CEO, and Tribal Health Committee for possible termination of privileges.

HOURS OF OPERATION:

MONDAY – FRIDAY 8:00 AM TO 8:00 PM

❖ **Elderly Hour 8:00 AM - 10:00 AM. No Loud/Explicit Music.**

SATURDAY 8:00 AM TO 2:00 PM

***Fitness Center doors will lock 30 minutes before closing time.**



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SIGNATURES: I acknowledge the membership agreement set forth above and agree to comply with the Fitness Center conduct guidelines and rules.

If you do not comply if asked to vacate the Fitness Center, the CRST Law Enforcement will be called if necessary.

Youth (12-15)		Date:	
Parent/Guardian		Date:	
Youth (16-17)		Date:	
Parent/Guardian		Date:	
Member		Date:	
Fitness Center Staff		Date:	

POLICIES AND RULES ARE SUBJECT TO CHANGE WITHOUT NOTIFICATION.

*****NOT RESPONSIBLE FOR ACCIDENTS, THEFT OR DEATH*****

Revised 6-1-23
Dean Kohlus, Fitness Center Supervisor