

## CENTER FOR ELDERS:

# JANUARY 2026 MONTHLY MENU

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
				1 Roast Beef Wheat Bread Fruit Vegetable	2 Chicken Casserole Wheat Bread Fruit Vegetable	3
4	5 Taco Burger Spanish Rice Hamburger Bun Fruit Vegetable	6 Meatloaf Mashed Potatoes Wheat Bread Fruit Vegetable	7 Hamburger Soup Frybread Fruit Vegetable	8 Beef Stroganoff Wheat Bread Fruit Vegetable	9 Polish Sausage Hot Dog Bun Mac & Cheese Fruit Vegetable	10
11	12 BBQ Chicken Stuffing Wheat Bread Fruit Vegetable	13 Shepherd's Pie Wheat Bread Fruit Vegetable	14 Chicken & Wild Rice Soup Wheat Bread Fruit Vegetable	15 Goulash Garlic Bread Fruit Vegetable	16 Smoked Ham Scalloped Potatoes Wheat Bread Fruit Vegetable	17
18	19  <b>CLOSED</b>	20 Lasagna Casserole Garlic Breadstick Fruit Vegetable	21 Ham & Potato Soup Oven Biscuit Fruit Vegetable	22 Tatortot Casserole Wheat Bread Fruit Vegetable	23 Swedish Meatballs Rice Wheat Bread Fruit Vegetable	24
25	26 Roasted Chicken Rice Pilaf Wheat Bread Fruit Vegetable	27 Cheeseburger Casserole Wheat Bread Fruit Vegetable	28 Tomato Soup Cold Cut Sandwhich Fruit Vegetable	29 Hamburger Gravy Mashed Potatoes Wheat Bread Fruit Vegetable	30 Sloppy Joes Fries Hamburger Bun Fruit Vegetable	31
<b>DRINK: COFFEE, MILK, WATER, TEA, AND JUICE</b> <b>THIS MENU IS SUBJECT TO CHANGE</b>						