

Fitness Center

Membership Application & Agreement

Child (12-15)	Youth (16-17)	Adult (18-59)	Elderly (60 and up)
Application Information			
Adult Name:		D.O.B:	Age:
Youth Name:		D.O.B:	Age:
Parent/Guardian:			
Contact Phone Number:			
Address:		City:	State: Zip:
Employment Information			
Employer:		Phone:	
Address:		City:	State: Zip:
Emergency Contact			
Name:		Phone:	
Relationship:			
Address:		City:	State: Zip:

Conduct Guidelines:

The Fitness Center strives to promote health and wellness in a safe, fun, and engaging environment for all members and staff. Members are expected to conduct themselves in a manner which is conducive to the safety and respect for other and for the fitness center equipment.

The Fitness Center is a shared space so be respectful of others space. Members are expected to respectfully communicating with fellow members and Fitness Center Staff. If any member feels uncomfortable report to a Fitness Center employee.

Harassment or Intimidation on Members and or Staff either (Verbally, Physically, or through Social Media posts) is strictly prohibited and will not be tolerated.

Rules:

- All Participants will need to fill out an application, sign a waiver, and pay membership fees if applicable. If membership is not paid you will not be allowed to enter the Fitness Center.
- All membership fees are non-refundable.
- Ages 12 -17 must have signed waiver from parent/guardian to utilize the Fitness Center without supervision, and show proof of age.

- Dress appropriately – Must wear shirt while on gym floor, have clean dry shoes (No Boots), and have sandals if you plan to utilize the sauna and shower.
- Practice good hygiene.
- Weapons are not permitted in the gym.
- No Drugs, Alcohol, Vaping or illegal chemicals in or on the Fitness Center Premises.
- If you are under the influence of drugs or alcohol you will be asked to leave.
- No theft.
- Do not drop or slam weights, dropping of weights will result in consequences.
- Re-rack your weights and put all equipment away after each use.
- Sanitize equipment that you use.
- If you are utilizing multiple station you must allow single station users to also use the stations as well.
- No photography or recording of other members or staff.
- No glass or open containers on the gym floor.

Consequences:

1st Offense: Participants who violate rules will be given a Verbal warning, Depending on the severity of offense(s).

2nd Offense: will result in a letter listing the Violation(s), depending on the severity of the offense(s) may result in a suspension, ranging from 30 days to 365 days.

3rd Offense: if a Participant or a member continues to violate the fitness center rules and guidelines, the membership will be revoked. Suspension will be effective immediately ranging from 60 days to 365 days

Hours of Operation

Winter Hours – Seasonal

Monday – Thursday 8:00AM TO 8:00PM Friday 8:00AM TO 6:00PM

Saturday 8:00AM TO 12:00PM

Summer Hours – Seasonal

Monday – Thursday 6:30AM TO 8:00PM Friday 6:30AM TO 6:00PM

Saturday 8:00AM TO 12:00PM

Signatures:

By signing the application, you acknowledge the membership agreement set forth above and agree to comply with the Fitness Center conduct and guidelines and rules.

If you do not comply if asked to vacate the Fitness Center, the CRST law enforcement will be called if necessary.

Child (12-15)		Date	
Youth (16-17)		Date	
Parent/Guardian		Date	
Member		Date	
Fitness Center Staff		Date	

Policies, Rules, and Gym Hours are subject to change without notification.

***** NOT RESPONSIBLE FOR ACCIDENTS, THEFT, OR DEATH *****

Doors Lock 30 minutes before closing.

Sauna will be shut off 30 minutes before closing.

Cardio Equipment will be turned off 5 minutes before closing

At 10 minutes prior to closing the first set of lights will be shut off as a signal you have 5 minutes left. At 5 minutes to closing the second lights will be shut off and this is your signal to stop your workout and put away your weights and wipe down the equipment.



